

ASIA PACIFIC

SPA & WELLNESS COALITION



ASIA PACIFIC CHAMPIONSHIP OF MASSAGE

In collaboration with the International Massage Association

Venue: Downtown East, Singapore

The Asia Pacific Spa & Wellness Coalition in collaboration with the International Massage Association launch the Asia Pacific Championship of Massage. This is an opportunity for massage therapists from across Asia Pacific to learn from each other and test their massage skills. Gold, Silver & Bronze Medals awarded in each category and in the final Championship round.

Judges will focus on examination, techniques, ergonomics and overall performance in each category – judged by specialists and highly experienced judges in the specific category.

By “The flow of the massage” means a continuous non-stop movement and variation of techniques performed by the therapist.

Ergonomics: How does the therapists use their own bodies (work environment) and their remedies (Massage tables etc)

Techniques: Different techniques used in each category. Innovative and effective techniques for both therapist and client.

The judges will each evaluate the participants in their field of expertise in close cooperation with other judges. The “clients in the finals” are also judges, and will give points for the treatment as well.

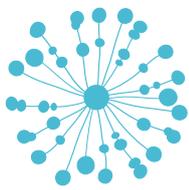
Competition Categories:

- Swedish massage (Western massage including classical massage, sports massage, MFR, MET, neuromuscular techniques etc.)
- Asian Massage (Thai massage, Shiatsu, Tui Na, Ayurveda etc.)
- Wellness massage (Hot Stone, Aromatherapy, spa massage, lymph drainage, holistic massage etc)
- Free Style (Combination of different types of massage, self-treatment, mobilization, cupping, massage with tools etc)
- Chair Massage (both Asian and Western inspired massage)

IMPORTANT: The organizer reserves the right to move Contestants between categories, depending on the techniques being employed.

Competition Categories:

- Each Massage Therapist can participate in 1 or 2 categories
- Participation fee is paid per entrant, not per category
- Participants must wear sports shoes, sports pants or yoga pants, T-shirts etc. Uniforms with identifying logos are not permitted.
- Shoes are not permitted in Thai Yoga.
- Basic Linens will be provided, however Therapists may bring their own linens if desired. Therapist to provide own oils & equipment.
- The recipient of the massage must wear underwear (provided) at all times and have covered their chest (if she is a woman). Any area which is not being worked on must be covered/draped.
- No photography or VDO recording is allowed during the preliminary rounds or the final
- Insurance – The Therapist is responsible for their own insurance that covers both you and the participant you treat during the competition.



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The Judges:

In the preliminary rounds, the Judges are technically qualified practitioners or industry educators including members of The Asia Pacific Spa & Wellness Coalition. The Judges shall determine the Gold, Silver & Bronze medallists in each category. The Judges may at their sole discretion select up to 3 wild cards from the preliminary rounds to enter the Championship Round. The Judges' decision is final and no discussions shall be entered into.

The Championship Round:

The Duration of the Finale is 60 minutes.

Massage recipients (Judges from preliminary rounds, industry educators and/or qualified Massage Therapists) shall award up to 6 points depending on their experience of the massage they receive.

The Championship Panel of Judges shall award up to 3 points each.

Spectators who are trained & certified in Massage may award 1 point.

The Winner will be the Massage Therapist who gets the most points, and he/she is appointed as Asia Pacific Champion in Massage 2018

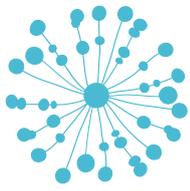
Program

Monday 12th March, 2018:

08.00 - 08.30	Check-in and category placement
09.00 - 09.30	Welcome and presentation. Preparation for the 1st preliminary round
09.30 - 10.30	1st preliminary round (participants have to bring their own sheets and towels)
10.30 - 11.00	Pause/Preparation for the 2nd preliminary round
11.00 - 12.00	2nd preliminary round
12.00 - 13.00	Lunch buffet (included for participants)
13.00 - 14.00	Theory test in Massage therapy (The test is in English and will only be used in case of a tie)
14.00 - 14.30	Pause/Preparation for the 3rd preliminary round
14.30 - 15.30	3rd preliminary round
15.30 - 17.00	Rounding of the day

Tuesday 13th March 2018:

08.30 - 09.00	Check-in and category placement
09.00 - 09.30	Welcome/preparation for the 4th preliminary round
09.30 - 10.30	4th preliminary round
10.30 - 11.00	Pause/Preparation for the 5th preliminary round
11.00 - 12.00	5th preliminary round
12.00 - 13.00	Lunch buffet (included for participants)
13.00 - 14.00	6th preliminary round
14.00 - 14.30	Judges evaluation/pause
14.30 - 15.00	Preparation for the finals/pause
15.00 - 16.00	Final
16.00 - 17.00	Judges evaluation and awards ceremony



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Rules of Competition:

The competition area is divided into 3 massage areas. The organisers will provide massage tables, mats or chairs as appropriate for each category.

All participants are required to receive massage, as well as give massages. If necessary and with prior arrangement the Event Organiser will arrange for suitable candidates/massage recipients in particular cases.

Please note, there is no shower facilities.

Participants will be divided into 3 groups.

The location of table or mattress for each participant will be chosen by lot.

Duration of each round is 60 minutes.

Participants have approximately 5 minutes to examine the receiver before the massage is given.

Judges will evaluate the participants in the following areas:

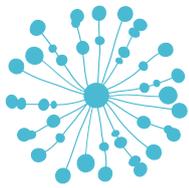
- Techniques
- Ergonomics
- Flow
- Innovation and Development of new methods

The decision of the Judges is final and no discussions will be entered into.



Asia Pacific Massage Championship is held in collaboration with and under the guidelines laid down by the International Massage Association. www.worldchampionship-massage.com

Asia Pacific Spa & Wellness Coalition Registered under the Societies Act, Singapore. Registration No.: 2086/2007
Info@apswc.org / www.apswc.org / Post: My SingPost Box 880318, Singapore 919191



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REGISTRATION FORM

ASIA PACIFIC CHAMPIONSHIP OF MASSAGE

In collaboration with the International Massage Association

Full Name:

Name (in English)*:

* This is how your name will appear on your certificates

Competition Category 1: Swedish; Asian; Wellness; Freestyle; Chair

Competition Category 2 (optional): Swedish; Asian; Wellness; Freestyle; Chair

The organisers reserve the right change categories according to technique employed.

Country:

Email:

Landline Tel: Mobile:

Payment: SGD200 Bank Transfer; Cash; Cheque drawn on a Singapore Bank; Paypal;

Other (please specify)

PAYPAL: If you have any difficulties, please contact Edward Wong
(APSWC Treasurer): treasurerapswc@gmail.com

BANK TRANSFER: Transfer to our APSWC Singapore bank account. If paying by this means, payment must be EXCLUSIVE of both transmitting and receiving bank charges:

Account: Asia - Pacific Spa & Wellness Coalition

Bank: United Overseas Bank Ltd, 80 Raffles Place, UOB Plaza 1, Singapore 048624

SWIFT: UOVBSGSG Account number: 352 - 334 - 435 - 6

Bank number/code: 7375 Branch number/code: 001

CHEQUE: For residents of Singapore, payment can also be made by cheque for payable to SIA-PACIFIC SPA & WELLNESS COALITION delivered to: Asia Pacific Spa & Wellness Coalition, c/o My SingPost Box 880318, Singapore 919191

Payment Deadline: 5th February, 2018

Cancellation Policy: <http://apswc.org/apswc-cancellation-policy/>

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